

# Indicators of Adult Abuse, Neglect, or Exploitation

## Physical Signs

- ✓ Dehydration or malnutrition
- ✓ Broken bones
- ✓ Pain from touching
- ✓ Scratches, punctures, burns, bruises
- ✓ Soiled clothing or bed

## Psychological/Behavioral Signs

- ✓ Depression
- ✓ Lack of communication and talking
- ✓ Isolation or withdrawal
- ✓ Anxiety
- ✓ Anger
- ✓ Frequent change of healthcare professionals

## Signs of Caregiver Abuse

- ✓ Forced isolation
- ✓ Lack of affection or care for the adult
- ✓ Communicates to others that adult is a burden
- ✓ Conflicting stories or accounts of details
- ✓ Prevents adult from speaking with others
- ✓ Prevents visitation from family and friends
- ✓ Inappropriate sexual relationship or language
- ✓ History of mental illness, criminal behavior, or family violence

## Signs of Financial Exploitation

- ✓ Missing personal belongings
- ✓ Suspicious signatures
- ✓ Frequent checks made out to “cash”
- ✓ Elder has no knowledge of monthly income
- ✓ Numerous unpaid bills
- ✓ Discrepancies in tax returns
- ✓ Large bank withdrawal
- ✓ Unusual bank activity
- ✓ A changed will

To report adult abuse, neglect, or exploitation, please call your local department of social services or the 24-hour toll-free hotline at

**1-888-832-3858.**

Spanish Translation